



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

**What To Do For Your Child’s Smile!**

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

**Insurance Information**

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

**HMO Contact Information**

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	<a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a>

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



\*A LIST OF DENTISTS WHO CAN SEE YOUR CHILDREN UNDER AGE 6 APPEARS ON THE FOLLOWING PAGE

General Dentistry

**Joseph Preziosi , DDS**

THE SMILIST DENTAL OF NEW JERS  
385 State Route 24 Ste 2A  
Chester, NJ 07930  
(908) 509-6377

**Juan J Alvarez, DMD**

Zufall Health Center  
17 S Warren St  
Dover, NJ 07801  
(973) 328-3344

**Juan J Alvarez, DMD**

Zufall Health Center  
17 S WARREN ST - MDF  
Dover, NJ 07801  
(973) 328-3344

**Benjamin Hanft, DDS**

Jason Lee  
4 Marvin St  
Dover, NJ 07801  
(973) 328-0022

**Aparna Kaimulayil, DDS**

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**Jason K Lee, DMD**

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**Palak Pandya, DDS**

Palak Pandya  
30 Orchard St  
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(973) 366-0311

**Howard P Rappoport, DDS**

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**Hema Sarath, DDS**

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(973) 328-3344

**Ariz Tanvir, DDS**

Jason Lee  
4 Marvin St  
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(973) 328-0022

**Sam Wakim, DMD**

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(973) 328-3344

**Seema V Datwani, DDS**

Eastern Dental Of Parsippany LLC  
2936 State Route 10  
Morris Plains, NJ 07950  
(973) 292-2550

**Jeel M Kesaria, DDS**

Eastern Dental Of Parsippany LLC  
2936 State Route 10  
Morris Plains, NJ 07950  
(973) 292-2550

**Michael M Nourbakhsh, DDS**

Morris Plains Dental Associates  
559 Speedwell Ave  
Morris Plains, NJ 07950  
(973) 455-1038

**Anda Ciora, DDS**

Zufall Health Center  
4 Atno Ave  
Morristown, NJ 07960  
(973) 267-0002

**Elizabeth A Clemente, DDS**

Morristown Memorial Hospital  
100 Madison Ave  
Morristown, NJ 07960  
(973) 971-5442

**Antonella G Maietta, DMD**

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Morristown, NJ 07960  
(973) 267-0002

**Jaine Mathew, DDS**

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Morristown, NJ 07960  
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**Karey P Matthews, DDS**

Attentive Dental Care Corp.  
95 Madison Ave Ste 401  
Morristown, NJ 07960  
(973) 998-8877

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**Hanna H Choi, DDS**

Parsippany Family Dental, P.A.  
758 US Highway 46  
Parsippany, NJ 07054  
(973) 263-1770

**Ninoska Fergusson, DMD**

NINOSKA FERGUSSON  
540 Vail Rd  
Parsippany, NJ 07054  
(973) 402-9228

**Jennifer A Sunkin, DMD**

Caring Dentistry For Children  
259 Baldwin Rd Fl 2  
Parsippany, NJ 07054  
(973) 541-9992

**Ishan A Zala, DDS**

Aura Dental LLC  
1280 US Highway 46  
Parsippany, NJ 07054  
(973) 794-6270

**Preetmohinder S Bagga, DDS**

Caliber Dental PC  
447 State Route 10 Ste 3  
Randolph, NJ 07869  
(973) 537-7500

**Costas V Harris, DDS**

Randolph Dental Center  
393 Quaker Church Rd  
Randolph, NJ 07869  
(862) 397-3434

**Adam J Helfand, DMD**

Adam J Helfand DMD  
343 Mount Hope Ave Ste 8  
Rockaway, NJ 07866  
(973) 361-9000

**Jayashree Ramakrishnan, DDS**

Jay Dental LLC  
141 US Highway 46 Ste 202  
Rockaway, NJ 07866  
(973) 453-6637

**Jenna R Freda, DDS**

Railroad Plaza Dental Associates LLC  
2 Railroad Plz  
Whippany, NJ 07981  
(973) 532-6222

**Diana M Hagan, DMD**

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**John Vincent Quiao, DDS**

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**Sonal M Thakore, DDS**

HANOVER DENTAL  
135 State Route 10  
Whippany, NJ 07981  
(973) 396-8808

Pediatric Dentistry

**Richard E Malecz, DMD**

RICHARD MALECZ DMD  
35 W Main St Ste 203  
Denville, NJ 07834  
(973) 625-4441

**Tamara L Brown, DDS**

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(973) 328-3344

**Sharna P Hemrajani, DMD**

Just4kids Dental LLC  
150 River Rd Ste H2  
Montville, NJ 07045  
(973) 917-3330

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**Reshma S Kumar, DDS**

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**Sol Lee, DDS**

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**Scott P Oh, DDS**

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