



1-800-348-4058

"Dedicated to improving the health and the lives of the people we serve"

IS IT AN EMERGENCY OR NOT?

What is an Emergency?

An emergency is a sickness that is sudden and puts your life in danger or can cause harm to you if not treated fast. Here are some examples of emergencies:

- Sudden loss of feeling, or not being able to move
- Chest pain
- Severe pain in your stomach area
- Poisoning
- A serious accident
- Severe shortness of breath
- Severe burns
- Severe wound or heavy bleeding
- Damage to your eyes
- Severe spasms/convulsions
- Broken bones
- Choking or being unable to breathe.
- Throwing up blood
- Miscarriage (when a pregnant woman loses her baby)
- Strong feeling that you might hurt yourself or another person
- Faint for no reason (will not wake up)

If you're not sure it's a real emergency, call your doctor. If you do go to an emergency room, call your doctor as soon as you can after your visit so you can get the right care.

When NOT to use an emergency room

Most sicknesses are not emergencies and can be treated at your doctor's office. You can also be treated at an urgent care site. You should not use an emergency room if you have one of these minor problems:

- A sprain or strain
- Stomach pain
- A cut or scrape
- An earache
- Sore throat
- A cough or cold

Call Your Doctor

If you are not sure where to get care, call your doctor.

- You can call your doctor during the day or night, on weekends, anytime 24 hours a day.
- Your doctor knows your medical history and can give you care that is best for you in the long run.
- Your doctor knows more about your health every time you visit.

If you can't reach your doctor, please call customer service at 1-800-348-4058.

A list of Urgent Care sites follows.

URGENT CARE LOCATIONS

COCHISE COUNTY

Arizona Family Care

2585 E Wilcox
Sierra Vista, AZ 85635
Phone: 520-459-8990
M-F 5:00 pm-10:00 pm
Sat & Sunday 10:00 am -4:00 pm

COCONINO COUNTY

Williams Health Care Center & Urgent Care

301 7th Street
Williams, AZ 86046
Phone: 928-635-4441
Open 7 days a week
8:00 am – 8:00 pm
Closed on Christmas Day

GREENLEE COUNTY

Gila Health Resources

Coronado Blvd/Burro Alley
Morenci, AZ 85540
Phone: 928-865-9184
24 hours (Urgent Care is contracted to accept APIPA but not the Family Medical)

MOHAVE COUNTY

Bullhead Urgent Care Center

1355 Ramar Rd # 11
 Bullhead City, AZ 86442
 Phone: 928-704-9202
 M-F 9:00 am – 5:00 pm
 Sat & Sun – Closed
 (Summer Hours)

Midway Express Walk In Clinic

45 Capri Blvd,
 Lake Havasu City, AZ 86403
 Phone: 928-505-1030
 M-F 8:00 am – 5:00 pm
 Saturday 9:00 am – 2:00 pm
 Sunday - Closed

MARICOPA COUNTY

Advanced Urgent Care

2301 N 44th Street
 Phoenix, AZ 85008
 Phone: 602-808-8786
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm
 Open Holidays

Advanced Urgent Care

8260 W Indian School Rd Suites 1 & 2
 Phoenix, AZ 85033
 Phone: 623-846-7122
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm
 Open Holidays

Advanced Urgent Care

3302 W Thomas Rd
 Phoenix, AZ 85017
 Phone: 602-233-2900
 M-F 7:00 am – 7:00 pm
 Sat & Sun - Closed

Advanced Urgent Care

2423 W Dunlap Ave #150
 Phoenix, AZ 85021
 Phone: 602-216-6862
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm

Advanced Urgent Care

1804 W Elliot Road
 Tempe, AZ 85282
 Phone: 480-456-0444
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm

Advantage Urgent Care

5410 W. Thunderbird #101
 Glendale, AZ 85306
 Phone: 602-530-6189
 M-F 9:00 am – 8:00 pm
 Sat & Sun 10:00 am – 5:00 pm

Advantage Urgent Care Center

14800 Mountain View #190
 Surprise, AZ 85374
 Phone: 623-889-7199
 M-F 9:00 am – 8:00 pm
 Sat & Sun 9:00 am – 4:00 pm

Chandler Valley Urgent Care

936 W Chandler Blvd # 1
 Chandler, AZ 85244
 Phone: 480-792-1025
 M-F 8:00 am – 10:00 pm
 Sat & Sun 10:00 am – 10:00 pm

CHW Urgent Care

4545 E Chandler Blvd
 Phoenix, AZ 85044
 Phone: 480-961-2300
 Open 7 days a week
 7:00 am – 10:00 pm

Jesse Owens Urgent Care

(Best Medical)
 325 E. Baseline Road
 Phoenix, AZ 85040
 Phone: 602-824-4352
 M-F 9:00 am – 7:30 pm
 Sat 8:00 am – 3:30 pm
 Sunday - Closed

Next Care Urgent Care

13075 W. McDowell Rd # D106
 Avondale, AZ 85323
 Phone: 623-547-0522
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm

Next Care Urgent Care

1701 E. Thomas Road
 Phoenix, AZ 85016
 Phone: 1-800-NEXTCARE
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm

MARICOPA COUNTY (CONTINUED)

Next Care Urgent Care

5902 W. McDowell Road
Phoenix, AZ 85035
Phone: 1-800-NEXTCARE
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

Next Care Urgent Care

6005 Dobson Rd # 26
Chandler, AZ 85224
Phone: 480-814-1560
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

Next Care Urgent Care

3130 E. Baseline Rd # 105
Mesa, AZ 85204
Phone: 480-926-8700
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

Next Care Urgent Care

18589 N 59th Ave
Glendale, AZ 85308
Phone: 602-547-2600
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

Next Care Urgent Care

3229 E. Greenway Rd # 102
Phoenix, AZ 85032
Phone: 602-788-3285
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm
Open Holidays

Next Care

20470 N. Lake Pleasant Rd #102
Peoria, AZ 85382
Phone: 623-825-4600
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

Next Care

1066 N Power Rd #101
Mesa, AZ 85205
Phone: 480-807-0130
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm
Open Holidays

Next Care

7425 E. Shea Blvd
Scottsdale, AZ 85260
Phone: 480-348-1060
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

Next Care

20950 N. Tatum #190
Phoenix, AZ 85050
Phone: 480-807-0130
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

Parkway Urgent Care

6565 E. Greenway Pkway # 100
Scottsdale, AZ 85254
Phone: 480-348-3200
M-T 5:00 pm – 8:00 pm
Sat 8:00 am – 5:00 pm
Sunday - Closed

Stat Clinix

1151 N Gilbert Rd
Mesa, AZ 85213
Phone: 480-610-0688
Open 7 days a week
8:00 am – 8:00 pm
Closed on Christmas

Stat Clinix

4530 E Ray Rd Suite 100
Phoenix, AZ 85044
Phone: 480-598-7500
Open 7 days a week
8:00 am – 8:00 pm
Closed on Christmas

Stat Clinix

15223 N 87th St. Suite 110
Scottsdale, AZ 85260
Phone: 480-682-4100
Open 7 days a week
8:00 am – 8:00 pm
Closed on Christmas

West Valley Urgent Care

17218 N 72nd Drive # 10
Glendale, AZ 85308
Phone: 623-334-8670
M-F 8:00 am to 8:00 pm
Sat & Sun 10:00 am to 5:00 pm

West Valley Urgent Care

12133 W Bell Road # 101
Surprise, AZ 85374
Phone: 623-334-8670
M-F 8:00 am to 8:00 pm
Sat & Sun 10:00 am to 5:00 pm

Advanced Urgent Care

6553 E Baywood Ave # 103
Mesa, AZ 85206
Phone: 480-985-6200
M-F 8:00 am – 8:00 pm
Sat & Sun 8:00 am – 4:00 pm

NAVAJO COUNTY

Stat Clinix

680 E Deuce of Clubs
 Show Low, AZ 85901
 Phone: 928-537-2777
 Open 7 days a week
 8:00 am – 8:00 pm
 Closed on Christmas

PIMA COUNTY

Next Care

6238 E. Pima Street
 Tucson, AZ 85712
 Phone: 520-290-0022
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm
 Open Holidays

Northwest Medical Center

2945 W. Ina Rd
 Tucson, AZ 85741
 Phone: 520-219-6616
 Open 7 days a week
 9:00 am – 9:00 pm

Urgent Care Associates

1622 N Swann
 Tucson, AZ 85712
 Phone: 520-795-8888
 M-F 9:00 am – 9:00 pm
 Sat & Sun 9:00 am – 6:00 pm
 (Will open in August)

Urgent Care Associates

2100 N Rosemont
 Tucson, AZ 85712
 Phone: 520-795-8888
 M-F 9:00 am – 9:00 pm
 Sat & Sun 9:00 am – 6:00 pm
*(Temp address until the location at
 1622 N Swann opens in mid August 2006)*

Urgent Care Associates

8045 S. Rita Road
 Tucson, AZ 85747
 Phone: 520-795-8888
 M-F 5:00 pm – 9:00 pm
 Sat & Sun – Closed

Northwest Medical Center

13101 N. Oracle Rd
 Oro Valley, AZ 85739
 Phone: 520-818-2000
 Open 7 days a week
 9:00 am – 9:00 pm

Northwest Medical Center

8333 N Silverbell
 Marana, AZ 85743
 Phone: 520-202-7700
 Open 7 days a week
 9:00 am – 9:00 pm

PINAL COUNTY

Next Care

2080 W Southern Ave # A1
 Apache Junction, AZ 85220
 Phone: 480-85-0172
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm

Next Care

1729 N Trekeil Rd. # 100
 Casa Grande, AZ 85222
 Phone: 520-876-0800
 M-F 8:00 am – 8:00 pm
 Sat & Sun 8:00 am – 4:00 pm

YAVAPAI COUNTY

Prescott Valley Urgent Care

3051 N Windsong
Prescott Valley, AZ 86314
Phone: 928-772-2500 or 928-772-3336
M-F 7:30 am – 6:00 pm
Sat 9:00 am – 6:00 pm
Sun 9:00 am – 4:00 pm

YUMA COUNTY

Foothills Walk In Clinic

11274 S. Fortuna Rd
Yuma, AZ 85367
Phone: 928-345-2150
M-F 8:00 am – 6:00 pm
Sat 9:00 am – 3:00 pm
Sunday – Closed
Open Holidays

North-Side Medical Clinic

501 W 8th Street
Yuma, AZ 85364
Phone: 928-539-0055
M-F 8:00 am – 6:00 pm
Sat & Sun – Closed (Summer Hours)